

Standing Tall Together

NZSDT Conference 2011- Hosted by Top of the South



Come to the 2011 Top of the South National Conference, in Nelson.

We have named this years conference 'Standing Tall Together' due to all of the worlds' disasters and namely our own here in New Zealand, as Diversional Therapist's this shows us how much we need to learn & grow together, while being proud of what we do- no matter what the situation.

The training of Jane Verity's is for anyone that is interested in improving the lives of people with age related conditions, dementia, mental health issues, intellectual disabilities and more.

The rest of the weekend is for any Diversional Therapist or staff working in activities (activities officers, care workers, managers etc) who want to learn more and network with like minded fantastic people, you do not have to be a member of the NZSDT but as you will see on the forms overleaf there are HUGE savings to be made if you are attending.

About the workshops;

Most of the workshops will have handouts, but please bring along pen and paper to each for yourself.

Story Telling: Roger Sanders is an amazing story teller and if you need a bit of training in this area, get nervous when story telling or you know you can't find the oomph when wishing to story tell then this workshop is for you.

Community Connections: Barbie Reay is a Diversional therapist, assessor and a manager of a rural facility in Wakefield, her workshop is about increasing your community connections and improving your relationship within the community to benefit your resident/ client.

Creative Food: Presented by Carolyn and Marcel, this is a workshop for the food-shy DT, activities person or if you are new to the industry. Food is a huge part of everyone's life and this is about preparing with enjoyment. You won't be afraid any longer!!

Easy water colour painting: This is how to make water colour painting easy for you, so that you can go away and be able to get your residents painting with ease.

24 hour DT care planning: If you are stuck for ideas on what to place into a 24hour care plan and then creating and leaving out activities Bee and Eric will surely get you thinking.

Fabric Sculpture: Gwen Nicholson teaches and sells her product (we are hoping she will hold a trade table after her workshop, but you can buy on-line- come to conference for details), the Chic's on Sticks are an outside sculpture your residents will enjoy viewing and making.

Look good, feel better- working with cancer: Margo has a unique job of helping people after going through all of their cancer treatments and making them feel good again- through wigs, makeup, clothing supporting and encouraging. Great for the Diversional Therapist, (co-ordinator) to learn some of her tricks.

How you say it- communication- Speech and Language therapist- Christine and president of the Deaf Association Cathy bring a dynamic session on improving your communication to residents and tools to assist you in future cases.

Activities on a shoe string: presented by 2 of our Nelson team Pauline and Deborah are bringing you a 'Top of the South' collection with a low cost, budget squeezing range of crafts and activities. There is a lot to view and all crafts will have instructions given to you in the workshop.

Making a difference at the end of life: If this is a hard area for you to work in- (we are all better in some areas than others), then maybe this workshop is a good start. Jane Heather is a fantastic hospice nurse who teaches around the Top of the South regularly. She is very supportive of Diversional Therapists working in this area and would like to help you to improve and have confidence to go and work with people whom are very unwell.

Standing Tall Together

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This year's conference will be held in Nelson at The Rutherford Hotel from
7th October to the 9th of October 2011.

Our theme this year is;

'STANDING TALL TOGETHER'

Transport and accommodation are responsibility of attendees and because of the rugby world cup we urge you to book as soon as possible.

Conference registration times are Thursday 5pm – 7pm, Friday (For Jane Verity only) 7am- 8.15am and later 5pm to 7pm, Saturday 8am to 10am. You can hand in your competition entries at these times.

ACCOMMODATION

The Rutherford Hotel Nelson has accommodation on-site at \$170.00 per night twin share. If you are phoning please say you are attending D.T conference and be sure to state our code: **SDT1208**. Phone 0800 368 888 or (03) 548 2299

Online bookings are by the following link: <http://heritagehotels.co.nz/booking>.

Instructions on making an online booking using your exclusive conference code:

1. Select Rutherford Hotel Nelson (& Lake Rotoroa Lodge)
2. Select required dates
3. Type in **SDT1208** into the Corporate/Conference Code box.
4. Click next
5. Select the required dates by ticking the box
6. View our Cancellation Policy and Terms and Conditions
7. Click next at the bottom of the page
8. On this page you can select how many rooms required, how many guests, your configuration requirements and also any additional items you wish to purchase
9. Click next
10. Fill in all required information
11. Click Review Your Reservation
12. Confirm and print confirmation if required

Alternative accommodation.

Palazzo Motor Lodge, 159 Rutherford Street, Nelson 7010, (03) 545 8171.

<http://www.palazzomotorlodge.co.nz/reservations>

OR

Mid City Motor Lodge, 218 Trafalgar Street, Nelson 7010, (03) 546 9063. Reservations: 0800 2643 2489. Email: info@midcitynelson.co.nz

TRANSPORT

Transport direct to The Rutherford, from Nelson airport- either via Super Shuttle or taxi. Tip: to save stress & time a good idea is to place the number of Taxi service you have chosen in your cell-phone.

Nelson City Taxis-

0800 10 88 55
(03) 548 8225

Or

Sun City Taxis-

0800 422 666
(03) 548 2666

Both approx \$45. one way,
extra people costing more

Super shuttle- 0800 748 885

Please pre book this service prior to traveling, as soon as you know your arrival & departure time at Nelson airport.

\$15 per person, one way, plus \$3 per extra person, if booked at the time of booking the shuttle.

If a whole van is chartered it will only cost you, \$42 approx one way, so the more the better.

State you are part of the DT conference to the driver- so you can be a part of the shared cheaper fare. www.supershuttle.co.nz



STANDING TALL TOGETHER
NZSDT Conference 2011
Hosted by Top of the South
Registration Form

Please complete and return the form along with your payment to either:

Deborah McIver email: diamond43@clear.net.nz OR send to: **Deborah McIver**
Conference Treasurer
53 Hunter Avenue
Richmond 7020
Nelson

Make cheques payable to:

NZ Society of Diversional Therapist Inc.

OR

Internet Bank (State your business name or surname as a reference) Westpac account 031559 0022619 01

Please Note: Our **Special package deal** closes on **12th August 2011**

NO REGISTRATION will be accepted after Friday 16th September 2011

Enquiries to: Joy Furlong, Conference Convener, email: dtconference@diversionaltherapy.net.nz

WRITE IN BLOCK LETTERS PLEASE

NAME (For name badge)

NAME (PREFERRED NAME ON ATTENDANCE CERTIFICATE)

.....

POSTAL ADDRESS.....

PHONE.....MOBILE.....

EMAIL.....

SPECIAL DIETARY REQUIREMENTS.....

NAME(S) Graduation Dinner Guest(s).....

- Are you a current financial Member of NZSDT Yes / No
- Membership Number:
- Are you attending the full conference? Yes / No
- Do you intend to graduate at conference? Yes / No
- Do you intend to bring your partner with you to Nelson? Yes / No

[We have some activities for partners planned and want to let you know about these, well before conference]

Notes:

1. Photos taken at conference may be used on the NZSDT website, newsletter & for promotional purposes.
2. Any requests for refunds will be at the discretion of the conference committee and their decision will be final.



STANDING TALL TOGETHER
NZSDT Conference 2011 Hosted by Top of the South
WORKSHOPS

Please number the morning & afternoon workshops
in order of preference 1 - 5
with '1' being your first choice - first in first served!!

*Please note workshop places will be filled in order of registration & your 1st choice may not be available

Morning workshops	Hosted By	Order each workshop 1-5	Cost
Story Telling	Roger Sanders		-
Community Connections	Barbie Reay		-
Creative Food	Carolyn Hall & Marcel Van Arendonk		\$10.00
Easy Water Colour painting	Beryl Yeoman		\$5.00
24hour DT care planning- activity ideas	Eric Stretton & Bee Milburn		-

Afternoon workshops	Hosted By	Order each workshop 1-5	Cost
Fabric Sculpture- 'Chic's on Sticks!'	Gwen Nicholson		\$10.00
Look good, feel better- Working with cancer	Margo Rowling		-
How you say it- Communication	Cathy Gutschlag		-
Activities on a shoe string	Pauline Cody & Deborah McIver		-
Making a difference at the end of life	Jane Heather- Hospice Registered Nurse		-

Select one of the following options below then find the pricing appropriate to you on table below

- Option 1** Friday only Jane Verity-
Please fill in SEPARATE attached form only. Yes / No
- Option 2** Attending Full conference (Fri, Sat & Sun)
Including Jane Verity's day. **Special package deal.** Yes/ No
- Option 3** Attending Saturday and Sunday conference only Yes/ No

CLOSE OFF DATE FOR ALL REGISTRATIONS is Friday 16th September 2011

Name of costs		Price	Total
Option 2- SPECIAL PACKAGE DISCOUNT IF PAID BEFORE 12 August 2011	MEMBER	\$250.00	\$
	NON-MEMBER	\$330.00	\$
Option 2 - Late registrations.	MEMBER	\$310.00	\$
	NON-MEMBER	\$390.00	\$
Option 3 - Attending 8th & 9th only DISCOUNT IF PAID BEFORE 12 August 2011	Member	\$190.00	
	Non- Member	\$250.00	
Option 3 - Late registrations.	MEMBER	\$250.00	\$
	NON-MEMBER	\$310.00	\$
WORKSHOP FEES- add up here			\$
GRADUATION DINNER- Number of extra guests-#.....	\$80. for each extra person		\$
Final Total			\$

- Guests are welcome to the graduation dinner on Saturday night at \$80. per extra person. This is to be paid at time of registration. Enter guests name(s) on registration form.
- Registration price does NOT include any breakfasts or evening meals on Thursday and Friday.
- Conference closes at 1pm on Sunday, followed by lunch and more trade table shopping if you wish to.



We invite you to attend a one-day course on the international award-winning *Spark of Life* Approach to dementia care to be held on Friday the 7th of October 2011 at the Rutherford Hotel in Nelson, 9.15am to 4pm.

**The Spark of Life Approach to Understanding and Communicating.
Presented by Jane Verity (OTR, FT)**

In this insightful presentation- for all staff members, managers and volunteers, participants will be invited into the shoes of a person with dementia and learn how they think and feel, and the reasons behind their sometimes uncharacteristic behavior. Experience has shown that there is always a meaningful reason behind anything a person with dementia might say or do and once the underlying reasons are understood, attitudes automatically and instantly shift. This enables staff to solve otherwise frustrating and challenging situations in positive and constructive ways. This presentation describes strategies that boost self-esteem, and gives an understanding of the use of symbolic language. Discussed throughout the presentation are wide varieties of practical communication strategies that are simple to implement and make a remarkable difference. What participants will discover:

Understanding:

- ❖ The difference between Alzheimer's disease and dementia
- ❖ Deep insight into how people with dementia think and feel
- ❖ The five universal emotional needs often unmet for people with dementia
- ❖ Why people with dementia may engage in conversations with someone who is dead
- ❖ What it means when a person with dementia says, 'I want to go home'
- ❖ Solutions to 'Sundowners' Syndrome'
- ❖ The personal reasons behind delusions, hallucinations, and accusations.

Communication:

- ❖ How to build instant trust
- ❖ A practical intervention to diminish repetitive questions
- ❖ Words and phrases that should never be used and how to rephrase them
- ❖ How to send the same message verbally and non-verbally
- ❖ The winning formula when creating written information for people with dementia
- ❖ How to turn a 'No!' into a 'Yes!'
- ❖ How to provide choices even for a person with severe dementia

Jane Verity (OTR, FT)

Many would know Jane Verity as the first person to bring Person Centered Care to Australia. An important contributor to dementia care training in Australia and throughout the world for many years, she is also the founder and president of Dementia Care Australia and *Spark of Life*, and a world leader and pioneer in the emotional care of people with dementia. She has the vision and courage to challenge the status quo and create a world that ignites the human spirit. Originally from Denmark and now living in Australia, Jane is an Occupational and Family Therapist, a Master Practitioner in Neuro Linguistic Programming (NLP) and has earned the highest international accreditation as a professional speaker. Jane is known for her life changing and inspirational presentations. She has authored two internationally published books and contributes regularly to national and international conferences and journals.

Registration starts 8am.

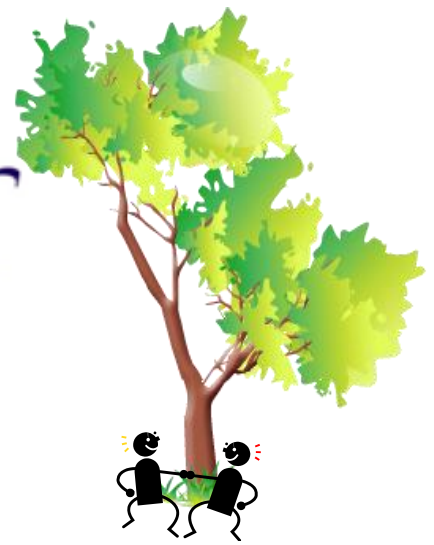
The day starts at 9.15am- if you are late please wait outside the seminar room until the welcome is finished, you will be informed by staff as to when you can enter.

All cell phones must be turned off during the training day.

Lunch will be provided,

(If you have special dietary requirements please ensure you fill in the form clearly below).

Please forward this information to ANY interested parties.



Registration Form

Brought to you as part of the; 'STANDING TALL TOGETHER'- New Zealand Society of Diversional Therapists Conference 2011 Hosted by Top of the South
'The Spark of Life Approach to Understanding and Communicating.'

Date: Friday 7th October 2011
Time: 0915-1600 (Registration desk & morning tea from 8am- 9.15am)
Place: The Rutherford Hotel, 2nd level, Nelson
Cost: NZSDT Member \$ 100.00 Membership Number:.....
Non Member \$ 120.00

Diversional Therapist conference attendees please see package deal on your registration form.

Please make cheques payable to NZ Society of Diversional Therapist Inc. and send with this registration form no later than **Friday 16th September 2011** to:

**Conference Treasurer
Deborah McIver
53 Hunter Avenue
Richmond 7020
Nelson**

Or Internet Bank

(State your business name or surname as a reference)- Westpac account 031559 0022619 01
Any inquiries to: Deborah McIver- Email: diamond43@clear.net.nz

NB- No refunds will be given for non attendance; substitutions will be accepted with prior notification.

Please ensure names of participants are **printed in block** to prevent problems with certificates.

Please fill one form for each attendee

NAME OF FACILITY (WHERE APPLICABLE): _____

TOTAL PAYMENT MADE- \$..... BY Cheque / Internet (Circle one)

NAME OF PARTICIPANT (FOR NAME BADGE): _____

PREFERRED NAME ON ATTENDANCE CERTIFICATE: _____

Postal Address: _____

Phone: _____ Email: _____

Special dietary requirements: _____

2011 New Zealand Society Diversional Therapist Inc
Top of the South
Conference Competitions.

This year we have 3 amazing competitions for you to try your hand at. The theme throughout all the competitions is “STANDING TALL TOGETHER”. Have fun and good luck.

Competition #1

Photography Competition.

Theme “STANDING TALL TOGETHER”.

Time to start snapping those photos.

Entries will be accepted in either colour or black and white.

Photos are to be 8 x 10 and to be accompanied by a short description.

Please send all photos with a **stamped envelope for return** after conference.

Ensure that **contact details are printed** on the back of the photos.

Limit of 4 photos per facility to be entered.

By entering the competition you & your resident/client are agreeing to have your photo/poem/artwork published in an upcoming NZSDT Inc Newsletter or on the NZSDT INC website, and to be shown at the NZSDT Inc conference 2011.

Send Photos to the address below no later than FRIDAY 23 SEPTEMBER 2011.

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Competition #2

Poetry Competition.

Theme “STANDING TALL TOGETHER”.

All entries must be original work by either a resident, client or a staff member.

Poems must be signed by the author and dated. Anything goes; poems can be handwritten, typed but no bigger than A3 size.

The limit is 200 words.

All works must be original and clearly stated on the back whether the author is a resident, client or staff member.

Please enclose a **stamped addressed envelope** to the address below, so your poem can be returned after conference. Limited to 4 entries from each facility. There will be 2 categories resident/client or staff member.

By entering the competition you & your resident/client are agreeing to have your photo/poem/artwork published in an upcoming NZSDT Inc Newsletter or on the NZSDT INC website, and to be shown at the NZSDT Inc conference 2011.

Send poems to the address below no later than FRIDAY 23 SEPTEMBER 2011.



Competition #3

Decorated Cube Competition

Theme "STANDING TALL TOGETHER".

Here is a real arty challenge for you.

Decorate a cube in any medium. Let your imagination go wild!

Cube competition conditions are; the finished product must not

measure more than 200x200x200. All cubes must have a

string/hook etc attached so the cube can be hung for display

purposes. **There are 4 categories** – Rest Home, Dementia,

Hospital and Community (eg IHC, Villa's and Day Care Centres).

THE CUBE MUST BE THE WORK OF THE RESIDENT/CLIENT.

A photo of the resident/client making the cube and a description of the materials used must be included.

Cubes can be either sent to the address below, by the 23 SEPTEMBER 2011, **OR** taken with you to conference.

The form below must be completed and returned by 23 SEPTEMBER 2011, if you are handing in your cube(s)

at conference. All cubes that are being handed in at conference must be in no later than 9.00am on Saturday

8th October. **If the form hasn't been received, then your entry will be disqualified.**

Entries are limited to 4 from each facility.

By entering the competition & and your resident/client are agreeing to have your photo/poem/artwork published in an upcoming NZSDT Inc Newsletter or on the NZSDT INC website, and to be shown at the NZSDT Inc conference 2011.



PLEASE COMPLETE ONE ENTRY FORM PER CUBE.

I wish to enter(number) cubes in the NZSDT Inc Conference competition.

I will be taking our entry(S) to Nelson with me. YES/NO

NAME.....(PERSON ENTERING)

ADDRESS.....

PHONE..... EMAIL

FACILITY.....

TITLE OF MY/OUR CUBE IS

ALL ENTRIES (OR ENQUIRIES) TO: (BY 23 SEPTEMBER 2011)

Catherine Donnelly

3 BOYCE STREET

SPRINGLANDS

BLLENHEIM 7201

PHONE: 035777808 EMAIL: jcdonnelly@xtra.co.nz

**PLEASE NOTE THE JUDGES DECISION IS FINAL FOR EACH COMPETITION
AND NO CORRESPONDENCE WILL BE ENTERED INTO.**