



We invite you to attend a one-day course on the international award-winning *Spark of Life* Approach to dementia care to be held on Friday the 7th of October 2011 at the Rutherford Hotel in Nelson, 9.15am to 4pm.

**The Spark of Life Approach to Understanding and Communicating.
Presented by Jane Verity (OTR, FT)**

In this insightful presentation- for all staff members, managers and volunteers, participants will be invited into the shoes of a person with dementia and learn how they think and feel, and the reasons behind their sometimes uncharacteristic behavior. Experience has shown that there is always a meaningful reason behind anything a person with dementia might say or do and once the underlying reasons are understood, attitudes automatically and instantly shift. This enables staff to solve otherwise frustrating and challenging situations in positive and constructive ways. This presentation describes strategies that boost self-esteem, and gives an understanding of the use of symbolic language. Discussed throughout the presentation are wide varieties of practical communication strategies that are simple to implement and make a remarkable difference. What participants will discover:

Understanding:

- ❖ The difference between Alzheimer's disease and dementia
- ❖ Deep insight into how people with dementia think and feel
- ❖ The five universal emotional needs often unmet for people with dementia
- ❖ Why people with dementia may engage in conversations with someone who is dead
- ❖ What it means when a person with dementia says, 'I want to go home'
- ❖ Solutions to 'Sundowners' Syndrome'
- ❖ The personal reasons behind delusions, hallucinations, and accusations.

Communication:

- ❖ How to build instant trust
- ❖ A practical intervention to diminish repetitive questions
- ❖ Words and phrases that should never be used and how to rephrase them
- ❖ How to send the same message verbally and non-verbally
- ❖ The winning formula when creating written information for people with dementia
- ❖ How to turn a 'No!' into a 'Yes!'
- ❖ How to provide choices even for a person with severe dementia

Jane Verity (OTR, FT)

Many would know Jane Verity as the first person to bring Person Centered Care to Australia. An important contributor to dementia care training in Australia and throughout the world for many years, she is also the founder and president of Dementia Care Australia and *Spark of Life*, and a world leader and pioneer in the emotional care of people with dementia. She has the vision and courage to challenge the status quo and create a world that ignites the human spirit. Originally from Denmark and now living in Australia, Jane is an Occupational and Family Therapist, a Master Practitioner in Neuro Linguistic Programming (NLP) and has earned the highest international accreditation as a professional speaker. Jane is known for her life changing and inspirational presentations. She has authored two internationally published books and contributes regularly to national and international conferences and journals.

Registration starts 8am.

The day starts at 9.15am- if you are late please wait outside the seminar room until the welcome is finished, you will be informed by staff as to when you can enter.

All cell phones must be turned off during the training day.

Lunch will be provided,

(If you have special dietary requirements please ensure you fill in the form clearly below).

Please forward this information to ANY interested parties.



Registration Form

Brought to you as part of the; 'STANDING TALL TOGETHER'- New Zealand Society of Diversional Therapists Conference 2011 Hosted by Top of the South
'The Spark of Life Approach to Understanding and Communicating.'

Date: Friday 7th October 2011
Time: 0915-1600 (Registration desk & morning tea from 8am- 9.15am)
Place: The Rutherford Hotel, 2nd level, Nelson
Cost: NZSDT Member \$ 100.00 Membership Number:.....
Non Member \$ 120.00

Diversional Therapist conference attendees please see package deal on your registration form.

Please make cheques payable to NZ Society of Diversional Therapist Inc. and send with this registration form no later than Friday 16th September 2011 to:

**Conference Treasurer
Deborah McIver
53 Hunter Avenue
Richmond 7020
Nelson**

Or Internet Bank

(State your business name or surname as a reference)- Westpac account 031559 0022619 01
Any inquiries to: Deborah McIver- Email: diamond43@clear.net.nz

NB- No refunds will be given for non attendance; substitutions will be accepted with prior notification.

Please ensure names of participants are **printed in block** to prevent problems with certificates.

Please fill one form for each attendee

NAME OF FACILITY (WHERE APPLICABLE): _____

TOTAL PAYMENT MADE- \$..... BY Cheque / Internet (Circle one)

NAME OF PARTICIPANT (FOR NAME BADGE): _____

PREFERRED NAME ON ATTENDANCE CERTIFICATE: _____

Postal Address: _____

Phone: _____ Email: _____

Special dietary requirements: _____