

# Keynote Speakers

## **Dr Mark Hendrickson PhD, RSW – Sexuality and the Elderly**

Mark Hendrickson is a senior lecturer in social work at Massey University's Albany campus. He previously worked for 20 years in HIV, substance misuse, health and mental health care and management. He has published articles and book chapters on HIV prevention, care, programme design and evaluation, as well on international social work education. Mark has master's degrees in theology and social work, and received his PhD in social welfare from the University of California Los Angeles.

## **Dr Christina Birkin DClinPsych – Working with Challenging Behaviour**

Christina is a clinical psychologist working both in the public sector and in private practice. She also provides training to mental health workers at district health boards and private healthcare facilities. She is a regular guest lecturer in the Psychology Department at Auckland University of Technology, and has given lectures in the Psychology and Health Science Departments at the University of Auckland. Christina holds a doctorate in clinical psychology from the University of Auckland and is a member of the New Zealand College of Clinical Psychologists.

## **Jan McInnes Personality Profiling**

Jan is a registered Diversional Therapist working for Alzheimer's County Manukau. She leads the activity programme for people living with dementia, including working with carers. She provides specialist dementia assessment and education. She holds a diploma in adult education and training.

## **Alun Chisholm – Motivational Speaker**

Alun is the National President of Toastmasters New Zealand. Alun has been speaking publicly for 15 years and is a very accomplished speaker. He has won national awards for humorous speaking. Alun enjoys simplifying technical language to make it more easily understood.

# Workshops

## **Jenny Kalagher – Therapeutic Activities & Mental Health**

Jenny has been running activity based therapeutic and developmental programmes for the last 30 years. She is currently working as part time coordinator for an activity based programme for Community Mental Health, and provides training workshops for diversional therapists, activity coordinators, support workers, occupational therapists and caregivers.

## **Lynn Wysoczanski - Activities for Men**

Lynn is a registered Diversional Therapist working as team leader for Beachhaven Hospital. She has considerable experience and knowledge of providing quality activity programmes for men. She has 25 years experience of working with the Scout Association.

## **Margi van den Heever R.N. – Communication through Art**

Margi has been in nursing for 27 years. She has qualifications in psychiatry and has specialized in aged care and dementia for 24 years. Margi moved to New Zealand 14 years ago and has worked as a clinical manager for the last six years. Margi maintains that it is important to keep people busy, giving them a purpose in life and making them feel they are achieving something.

## **Maureen Frayling: MNZAC, Counseling (Hons), BHSc (Nursing) - Caring for the Caregiver & Communication**

Maureen has nursing and midwifery qualifications from Ireland. She worked in Mozambique and Lesotho before coming to New Zealand in the early 1990's. She has a Nursing Degree from AUT and a Masters Degree in Counseling through Waikato University. She established the Family Support department at North Shore Hospice and has spent the past two years setting up the Grief Centre in Auckland. Currently she works part time teaching the counseling programme at Northland Polytechnic. Maureen has a long term interest in how health professionals and the community manage and are supported through grief and loss.

## **Karen Dawson – Music and Movement**

Karen has been teaching music and movement for many years. She runs classes from beginner to seniors. Karen has a troupe of dancers who perform at corporate functions and exhibitions.

## **Ainslie Sutherland R.N. –Activities; A Manager's Perspective**

Ainslie Sutherland is a registered nurse and the facility manager of Lady Allum Lifestyle Care and Village. Lady Allum is a large facility in Milford on the North Shore. Lady Allum has Rest Home, Hospital, Specialist Care, Independent Villas and Apartments. She is very supportive of the role played by Diversional Therapy within her facility.

## **Ann Hook – Surviving the Audit**

Ann has worked extensively in the aged care sector over a 15 year period, holding positions from facility manager to chief operations manager. She has two years experience working for Bureau Veritas as an auditor and currently holds the position of Audit and Policy Advisor for Oceania Group.