

Reference Books

Check with your local Library

Cultural

Waker, Ranginui. (1990) *Struggle Without End: Ka Whawhai Tonu Matou.* Penguin Books ISBN 0-14013240-6.

Durie, Mason. (1998) *The Politics of Maori Self-determination, Te Mana.* Oxford University Press ISBN 0-19-558367-1.

Consedine, Robert and Joanna. *Healing Our History, The Challenge of the History of Waitangi.* Penguin Books ISBN 014-100448-7.

***Orange, Claudia.** *Illustrated History of the Treaty of Waitangi.* Allan & Unwin ISBN 00442-699

Tauroa, Hiwi & Pat. *Te Marae*(Reed)

Waititi, R.Hoani. *Te Rangitahi* (1) Maori Language Course. Dept. Education.

Oxford Maori Picture Dictionary. *He Pukapuka Kupuahua Maori.* ISBN 0-19-558028-1.

Biggs, Bruce. (1981) *The Complete English-Maori Dictionary.* ISBN 1-86940-0577.

Magazines

***Mana:** Bi-monthly magazine and a very good read. Cost NZ\$5.40 at bookshops. Articles include recommended reading, feature story, health issues, art, sport, web sites etc. Distribution through Gordon and Gotch ISBN 1172-0425

Forget Me Not: A quarterly Magazine full of interesting little stories, poems, history, scrap book and Did You Know section. Very useful as a fill in. Costs NZ\$24.00 a year for paperback (4 issues). Subscription address P.O.BOX 26020 Christchurch, N.Z. Ph.(03) 365-3396. Back issues available.

Stories For Our Grandchildren: By Barbara Wesley. Stories written for their children compiled into book form. Very interesting reading. Costs NZ\$10.00 plus postage. Ordering address 193 Hinemoa St, Birkenhead, Auckland 1310, N.Z.

New Zealand Memories. Comes out six times a year. Great for reminiscing sessions. Holders are available, plus they offer writing sets, cards and envelopes. Sometimes they include a section of New Zealand books. Can be purchased at a bookshop or by subscription. Costs NZ\$59.00 yearly. Ordering address, Freepost 91614 P.O.Box 17288 Greenlane, Auckland, N.Z. Freephone 0800696366.

Self-improvement

***Lewis, C.S.** *A Grief Observed.* Available at the University Library. ISBN 0-571-06624-0.

Jeffries, Susan. (1996) End the Struggle and Dance with Life, How to build yourself up when things get you down. Hodder and Stoughton, ISBN 0-7336-0260-6.

Jeffries, Susan. (1987) Feel the Fear and Do It Anyway. Arrow Books, ISBN 0-09-974100-8.

Bolton, Robert. Ph.D (1987) People Skills. Simon and Schuster. ISBN 0-7318-0031-1.

Donoghue, Charles (1988) Kites Rise Against the Wind.
Global Performance Dynamics Ltd. ISBN 0-473-05189-3

Igantieff, Michael. (1947) Scar Tissue.
ISBN 0-70114735. Borrow from Public Library or Alzheimer's Society.

Millar, Anne. Growing in Age.
Contact Anne at PSS Upper South Island, P.O.Box 13-171 Christchurch. NZ\$24.95.

Gluckman, Ann. Tagg, Mary. (1995) Ageing is Attitude, The New Zealand Experience.
Relates the often unusual experiences of retired New Zealanders. The good things, the bad things. The planning that was successful and the planning that was unwise and disastrous.
ISBN 0-908884-57-7.

Matthews, Andrew. (1998) Being Happy. A handbook to greater confidence and security
ISBN 0-8431-2868-2

Ministry of Health

Pacific Peoples Health Education Guidelines. ISBN 0-478-08554-0.

Guidelines for Developing Maori Health Education Resources. ISBN 0-478-09455-8.

Kaua e Kai paipa: A Booklet in the Maori language from Health funding authority.
ISBN 0-9080933-35-5.

Guidelines for care of patients with delirium - Canterbury D.H.B:
Issue Date: 1st February 2001.

Resource Books

Stevens, Ewing. (1996) Phone People.
Remedies, recipes, handy hints and rhymes.
Radio Pacific, Vol.3 ISBN 0-473-03617-7, Vol.4 ISBN 0-473-04282-7.

Rowe, Trevor. (1999) The Way it Used to Be.
Millennium poems that will live forever. Cost NZ\$15.00
Stratford Press & Printing Co.Ltd. ISBN 0-908904-34-7.

Tooley, Eskaleen. (1992) For a Good Old Age.
How to Motivate elderly people in rest homes, hospitals and day centres. Costs NZ\$50.00 each.
Vol.1 ISBN 0-473-01014-3, Vol.2 ISBN 0-473-03664-9.

Bulter, Wendy. Stephens, Magret. (1987) Never Too Old To Learn. Volumes 1-4.
A Practical Handbook for Diversional and Recreational Activity groups. ISBN 0-646-15614-4 (set).
Never Too Old For Fun. ISBN 0-646-31581-1 Cost NZ\$130.00 set.

Older People. Newspaper In Education. New Zealand older people in 38 colour photographs, in a folder. Available from NIE PO Box 1409 Auckland, New Zealand. Costs NZ\$18.00

Maskett, Joy. Enriching the Lives of Dependant People.
Covers D.T, animals and soft toys, music, aroma and water-touch and massage, reminiscence and dolls, humour-validation and reality, art and gardens. ISBN 0-473-03658-4.

Mayne, Ann. Annie's Easy Crafts. ISBN 0-86417-583-3.
Annie's Creative Crafts. ISBN 0-84617-583-3.

Nissenbiom, Sylvie. Vroman, Christine. (1998) The Positive Interactions.
Program of activities for people with Alzheimer's disease.
ISBN 1-878812-40-8 (pbk) Cost American \$79.00.

Lieberman, J. Lauren, Cowart F. Jim. (1965) Games for People With Sensory Impairments.
ISBN 0-87322-890-1.

Gunn, Bronwen. Word Games and Quizzes. Fifty Tried and Tested Ideas.

Wilson, Don. The Quiz Setters Quiz Book. ISBN 0-716-2058-0.

Hutchinson, Encyclopaedia. Family Quiz Book. ISBN 0-09177365-2

Sullivan, Jim. compiled by. Kiwi Quiz 1001 Questions About New Zealand. ISBN 1-877178-75-6

Opie, Robert. compiled by. (1997) The 1930's Scrapbook. ISBN 1875757336.

Opie, Robert. compiled by. (1998) The 1950's Scrapbook. ISBN 1872727638 (sbk)

***Opie, Robert.** compiled by. (1999) The Victorian Scrapbook. ISBN 1-872727-73-5.

Coney, Sandra. (1993) Standing in the Sunshine.
A History of N.Z women since they won the vote. ISBN 0670 846287.

New Zealand Official Year Books.
Borrow from the Public Library.

Wolfe, Richard. Kiwi More Than a Bird.
Reminiscing. ISBN 1 86941 134 x.

Smith, Paul. New Zealand in the 60's, Twist and Shout. Reminiscing. ISBN 1 86941 142 0.

Readers Digest. The Origins of Everyday Things. Reminiscing. ISBN 0 276 423 208.

Houghton, Patricia. (1992) Book of Proverbs. ISBN 0-304-34419-2.

Flavell, Linda. Flavell, Roger. (1993) Dictionary of Proverbs and Their Origins.
ISBN 0-7818-0591-0.

Cryer, Max.(2001) Curious Questions. ISBN 1 86950 382 1.

Knocker, Sally (2002), The Alzheimer's Society book of Activities. ISBN 1 872874 72X. Written by professionals working in the field of activities, ranging from drama, Movement to massage. It contains practical guidance, hints and suggestions for activities and for people working with dementia. Can borrow from Alzheimer's Society. The cost to purchase could be around \$80.

Phillips, Louis. edited by. The Random House Large Print Treasury of Best Loved Poems. ISBN 0 679 42919 0. From the local library.

ANZAC

Opie, Robert. compiled by. The Wartime Scrapbook from Blitz to Victory 1939-1945. ISBN 1-872727-08-5.

Budge, Meridith. A Wealth of Experience.
A practical manual contains hundreds of ideas and everyday activities. It will help to revitalise recreation and activity programs.

Leary, Sheelagh. (1994) Activities for Personal Growth.
A comprehensive hand book of activities for the Therapist.
ISBN 086433-076-6-

Activity Book. The ultimate show me how. ISBN 1-901289-10-9.

Christmas Crafts

Hubert, Maria. Hubert, Andrew. compiled by. A Wartime Christmas. ISBN 0-7531-5416-1(hb)

***Better Homes and Garden.** Christmas Through the House. ISBN 0-696-20976-4.

***Lowther, Gail.** Christmas Craft Source Book. ISBN 1-85470-165-2.

McCleeve, Carol. Christmas Craft. ISBN 1-85585-238-1.

Mayne, Anne. Simmonds, Diane. Annie's Easy Treats. ISBN 0-86417-618-x

Spiritual

Weedn, Flavia. (1983) Roserich Designs Ltd. ISBN 0-913289-00-0

Shamy, Eileen. (1997) More Than Body, Brain and Death.
A guide to the spiritual Dimension of Care for people with Alzheimer's Disease and related Dementia. ISBN 0-908815-78-6

Robertson, L. (1998) Occupational Therapy Theory and Practice. Student workbook.

Turner, A. Foster, M. Johnston, S. (eds) (1996) Occupational Therapy and Physical Dysfunction. New York, Churchill Livingston.

Kubler-Ross, Elizabeth. (1975) Death, the Final Stage of Growth. ISBN 0-13-197012-7.

Recommended Reading

Coates-Ogonowska, Halina. (1993) Bridget Williams books. I'm Still Elva Inside. ISBN 0-908912-57-9.

Tagg, Mary. Gluckman, Ann. Ageing is Attitude (The NZ Experience). ISBN 0-90888-457-5.

Annear, M Hilda. (1988) My Stroke.
Published by the author. A personal account of her experience.

Kaldor, Lauretta.

A set of six books given to the Society in 2002.

1. The Clever Therapist.
2. Keep It Simple.
3. Quick and Simple.
4. The Crafty Therapist.
5. The World I Remember.
6. The More I Remember.

Dementia

Raushi, Thaddeus M. Ph.D. (2001) A View from Within. Living with early onset Alzheimer's. Borrow from the Alzheimer's Library.

Cox, Sylvia and John Keady (1999), Younger People with Dementia. Planning, practice and Development. ISBN 1 85302 588 7. This is the first book to address the subject in its own right. It addresses good practice and stimulates an agenda for change. Borrowed from Alzheimer's Society library.

Dowling, R. James. (1995) Keeping Busy.
A hand book of activities for persons with Dementia. ISBN 0-8018-5058-4. Cost British £55.95.

Womens Suffrage

Grimshaw, Patricia. Woman's Suffrage in NZ.
ISBN 186940 026 7. From the local library.

The Suffragists, Woman who worked for the vote. Essays from the dictionary of NZ Biography. ISBN 0 908912 38 2. From the local library.

Sarha Ell, Selected by (1992) The Lives of Pioneer Woman in NZ. From letters, diaries and reminiscences. ISBN 0 908608 66 7. From the local library.